

Learning Expedition - Leaders

“New leadership is needed for new times, but it will not come from finding more wily ways to manipulate the external world. It will come as we who serve and teach and lead find the courage to take an inner journey toward both our shadows and out light – a journey that, faithfully pursued, will take us beyond to become healers of a wounded world.”

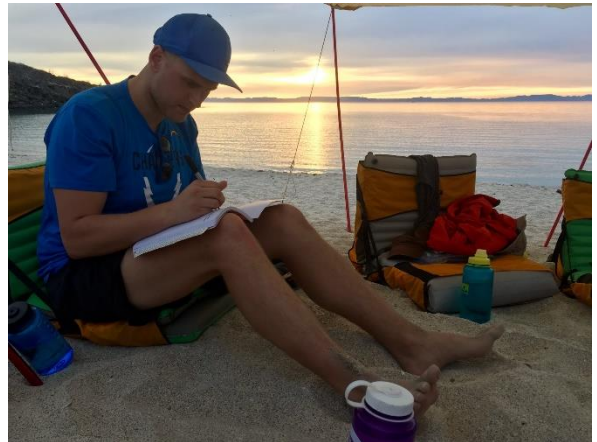
- Parker Palmer



Purpose: This Leaders' Learning Expedition is dedicated to nurturing authentic and courageous leadership by guiding participants through experiential place-based learning for an inner journey of self-discovery, empowering leaders to navigate creative tensions, forge genuine connections and lead with purposeful intention.

Participants: – Up to 12 participants (plus 2 guides & 2 facilitators).

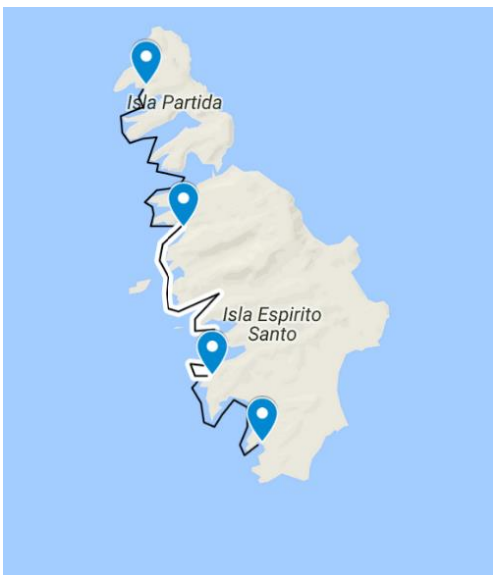
Cost: \$3300 CAD (includes facilitation, guiding services, 2 hotel stays in La Paz, 5 nights camping, boat shuttle to and from Isla Espirito, sea lion experience, all group gear and food (including kayaks and tents). You are responsible for your flights to and from La Paz (flying into Cabo and shuttling to La Paz is sometimes a more economical option), baggage fees, food during travel, personal gear or rental (such as sleeping bag, snorkel gear, wetsuit if desired).





Location: La Paz, Mexico and Espirito Santo Island.

See link to zoom in on map:

https://drive.google.com/open?id=1DBLT6Y4SRkw-dAjep_zrecDDsOE6rUpH&usp=sharing



Agenda

March 6-13, 2024 (5 nights camping)	
Sat. Apr. 6	Arrive in La Paz before supper (via Cabo or fly direct to La Paz) and stay in Hotel (cost covered)– meet group, instructors & guides for supper (your cost)
Sun. Apr. 7	Head out by motorboat to National Park (Espirtu Santos Island). Camp on Playa Dispensa for intro to sea kayaking lesson – this includes learning and performing a wet exit – meaning going upside down in the kayak and getting out Leading session 1 – Leading from Within: Nurturing leadership from within by understanding personal values, strengths and aspirations
Mon. Apr. 8	Paddle 9 km to campsite 2- paddle in Mangrove Leading session 2 – Unleashing the Potential of Community: Harnessing the collective strength of a community to drive collaboration, innovation, and shared success.
Tues. Apr. 9	<div style="display: flex; align-items: center;">  <div style="margin-left: 20px;"> <p>Paddle 13.8km to campsite 3 (& 4) (Playa Candelora) - stop and hike - to caves</p> </div> </div> <p>Leading session 3 – Finding Sanctuary: Creating spaces for reflection and rejuvenation to enhance decision-making and overall well-being</p>
Weds. Apr. 10	Stay at Campsite – Leading session 4 – Navigating Paradox and Creative Tension: Embracing the dynamic interplay of conflicting forces to drive innovation, adaptability, and balanced leadership Leading session 5 – Embracing Courage: Cultivating the bravery required to face challenges and make difficult decisions and have difficult conversations
Thurs. Apr. 11	Paddle 13.3km to campsite 5 (Playa Ensenada Grande), hike Leading session 6 – Leading through Connection: Building genuine relationships that foster trust, open communication, and mutual support in leadership endeavours
Fri. April 12	Leading session 7 – Focusing Our Intentions: Sharpening leadership effectiveness through aligning intentions and actions towards meaningful goals Sea lion colony (swim with sea lions), back to La Paz, farewell dinner. Stay at Hotel (cost covered)
	
Sat. Apr. 13	Depart Mexico (from La Paz or Cabo)
Note: Agenda is wind and weather dependent – plans subject to change	

Participant Expectations:

Pre-trip preparation: Read 'Let Your Life Speak' by Parker Palmer, 'Experiential Education in the College Context' by Jay Roberts and 'On Becoming Experiential' by Carrie Nolan



During trip: Full participation in all Leading Sessions. Also, as the trip is 'cooperatively' catered, there is no motorboat support. You are kayaking fully loaded kayaks and participating in all the camping and cooking duties, under the leadership of your guides.



We are guided by Baja Outdoor Activities (BOA). Some FAQs about their trips (<http://www.kayactivities.com/planning.php>):

What will the weather and sea temperatures be like?

In April, the temperatures are hot with warm/chilly evenings. Days will range from 26-33C and nights will range from 11-16C (yes, you will need a toque and warm layers). There will be little to no rain. The sea temperature is 18-25C.

What will we paddle?

BOA takes a combination of singles and double kayaks on all of our trips. We try to rotate people around so that everyone has a chance to paddle the different kayaks.

I've never sea kayaked before, does that matter?

This trip is rated beginner-intermediate. The first day on the island will begin with a sea kayak school. Your experienced guides will help you get the hang of paddling, however, this is a physically demanding trip in that you will be living on the ground and getting in and out of kayaks and paddling distances each day.



Can I fish on this trip?

During our kayaking trips there is often time and opportunity to fish. If you are keen to participate/fish, please come prepared with your own rod and lures. Green and yellow medium size (4-5") Rapalas <http://rapalaworld.com/> are the most popular lures. At times you may be able to fish from your kayak and/or from the rocky shoreline. You will need a fishing permit which can be purchased on-line. Permits cost \$17/day - \$30/week - \$40/month - \$52/year (US dollar prices). Alternatively you can buy one in our office before the trip.

Where do I go to the bathroom?

We provide marine portable toilets which are set up in secluded locations each time we change camp site.